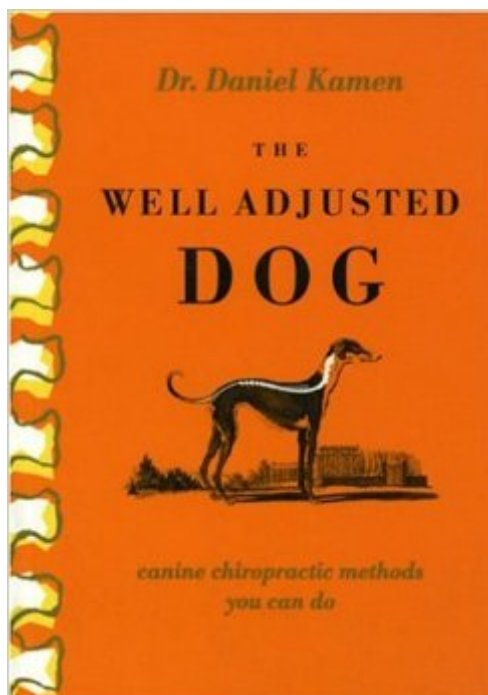


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# The Well Adjusted Dog: Canine Chiropractic Methods You Can Do



## Synopsis

Informative and practical guide for any dog owner.

## Book Information

Paperback: 166 pages

Publisher: Brookline Books/Lumen Editions (January 25, 1997)

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Product Dimensions: 6 x 1 x 9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (38 customer reviews)

Best Sellers Rank: #550,399 in Books (See Top 100 in Books) #48 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Dogs > Care & Health](#) #142 in [Books > Medical Books > Allied Health Professions > Chiropractic](#) #9595 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

## Customer Reviews

Good, thorough explanation of chiropractic in relation to dogs. Good illustrations that help you understand the mechanism of the adjustment. As a chiropractor, I appreciate the detail Dr. Kamen goes into regarding adjustments; however, the typical dog owner may not be able to identify serious medical conditions that would be aggravated by performing a chiropractic adjustment versus a simple malalignment or "subluxation" that would respond very well. Good basic book to look at if you're thinking of taking your dog to an animal chiropractor. Great book to understand what it's all about and how your pet may benefit.

This book has saved my dog's dignity on more than one occasion. There truly is nothing more gratifying than finding the trouble spot, based solely on observing my dog's behavior, and then being able to refer to this wonderful book for stretching and therapeutic techniques that allow my dog to feel wonderful, almost instantly. I have bought this book for at least 3 of my dog owning friends who swear by it.

I expected so much more based on previous reviews (and price). This small book (yes, it has 163 pages, but it's only 5"x7") has line drawings that are so crude and childish they are useless. Utterly

useless. Since this book is about canine chiropractic--knowing specifically where and how you touch the dog is vital to doing the adjustment correctly. You can't tell what the drawings are attempting to convey and have to go solely by the text which is more detailed than the pictures, but I feel the book really needed both to be of any use.

I was disappointed by this book, and I'm still not exactly sure why. It was definitely informative, and did show several good methods for adjusting my dogs. But it assumed a lot of technical and anatomical knowledge that I'm sure the majority of potential readers does not have, and in fact even with my own fairly in-depth canine knowledge I felt uncomfortable with many of the techniques, especially the one that starts with a disclaimer about how risky it is, says "do not attempt this at home" and then goes right on to detail how to do it. I guess my impression was that the book was really written by a vet for other vets, under the guise of being aimed at the general public. There is a lot of soapboxing in it, too, about how vets aren't allowed to practice chiropractic and chiropractors aren't allowed to practice on animals... and while this, if still true, definitely sucks - I didn't buy the book to read about it!

I would highly recommend this book for anyone who has a dog suffering from bladder control problems and neck pain. The methods are easy to do and Dr. Kamen's explanations are as lucid as I've ever read. Fun to read. Gary Meirs, Chicago, IL.

The Logan Basic method for bladder control is worth the price. I enjoyed every page!!

I am a trained animal chiropractor. I completed one of only 3 animal chiropractic post-grad programs in the country. In addition to the 1000+ hrs to obtain my Chiropractic degree, the animal chiropractic program was 220 hrs. I got this book to see if there were any other adjusting tips I could pick up that I didn't learn in my education. I WOULD NOT ADVOCATE ANYONE UNTRAINED TRYING TO ADJUST THEMSELVES, EACH OTHER, THEIR OWN ANIMALS, OR THE ANIMALS OF OTHERS IF THEY ARE NOT TRAINED PROPERLY. THIS TRAINING CANNOT BE HAD FROM READING A BOOK. I appreciate the efforts Daniel Kamen has made to get Animal Chiropractic out to the public, but I can't stand behind the one-day or one-weekend seminars he puts on, or did put on. The philosophy, art, and science of Chiropractic cannot be learned solely from a book, or in a few hours. It takes YEARS upon YEARS and PRACTICE upon PRACTICE and constantly learning to be an effective chiropractor. I would NOT recommend this book for ANYONE besides and animal

chiropractor wanting to learn more about his trade.

As a practicing holistic veterinarian, I highly recommend "The Well Adjusted Dog." I have a copy in my waiting room. My patients love it!

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